Learning How to Study: Learning Styles

This activity can help you discover if you are a visual, auditory, or tactile listener.

Your learning style is the way in which you most easily learn, organize, and communicate information. Some people identify strongly with one learning style, but most people identify with multiple learning styles. Having a sense of your learning style can help you tailor your studying to suit the way that you learn information best.

This quiz can help you identify, your learning style and determine if you are a visual, auditory, or Kinesthetic learner.

Quiz:

Your instructor is explaining a complicated concept. How would you prefer they explain it?

A. By using diagrams. (Visual)
B. By explaining it verbally. (Auditory)
C. By giving real-life examples. (kinesthetic)

You are planning to buy a new cell phone. How would you choose which phone to buy?

A. By looking at the design of the phone. (Visual)
B. By asking a salesperson to tell you about the phone. (Auditory)
C. By trying the phone out and testing how it works. (kinesthetic)

You ask someone how to get to T building. How would you prefer that they give you directions?

A. By giving you a map. (Visual)
B. By telling you how to get there. (Auditory)
C. By going with you and showing you where to go. (kinesthetic)

You have to learn how to do a task using software you haven’t used before. How would you prefer to learn about it?

A. By looking at diagrams and labelled screen shots of the software. (Visual)
B. By having someone tell you how to use it. (Auditory)
C. By trying the software and figuring it out on your own. (kinesthetic)

You received presents for your birthday! What was your favorite gift?

A. A painting/poster. (Visual)
B. A CD. (Auditory)
C. A gift card for a game of paintball. (kinesthetic)
You have handed in an important assignment. How would you prefer to get feedback from your instructor?

A. As a visual break down of how you did. (Visual)
B. In a discussion with the instructor. (Auditory)
C. Using specific examples of your work. (kinesthetic)

Of the following subjects, which one was your favorite in high school?

A. Art/Art history. (Visual)
B. Music. (Auditory)
C. Autoshop. (kinesthetic)

You are at a restaurant with friends. How do you decide what to order?

A. By looking at the pictures in the menu. (Visual)
B. By asking the waiter to describe some of the dishes to you. (Auditory)
C. By choosing something you have had before and liked. (kinesthetic)

What is your favorite type of class activity?

A. Creating a poster. (Visual)
B. Having a class debate. (Auditory)
C. Taking part in a field trip. (kinesthetic)

You have to teach your class about a topic and you can choose how. How would you choose to explain the topic?

A. Using PowerPoint slides. (Visual)
B. By giving an oral presentation. (Auditory)
C. By giving a demonstration. (kinesthetic)

You are thinking about investing money and have gone to a financial advisor. How do decide where to invest?

A. By looking at charts that show performance. (Visual)
B. By having the financial advisor explain your options verbally. (Auditory)
C. By investing in a few options and seeing what does better. (kinesthetic)

Results:

Visual Learner (Mostly A)
You are a visual learner. You learn best when you can see the information. Charts, maps and diagrams are useful ways to organize information in a way that you can understand. Try highlighting key information in your text and notes so that it visually stands out as important.
Auditory Learner (Mostly B)
You are an auditory learner. You learn information best when it is explained to you out loud. Make sure to attend class whenever possible, because listening to your instructor will help you learn the material. Try attending a study group to discuss course material.

Kinesthetic Learner (Mostly C)
You are a kinesthetic, or tactile, learner. You learn best by doing. Demonstrations and real-life examples will make material easier to understand. Try doing something yourself or role playing to learn new skill. Try relating new information to real world examples.

Visual Learner and Auditory Learner (Mostly A and B)
As a visual learner, you learn best when you can see the information. Charts, maps and diagrams are useful ways to organize information in a way that you can understand. Try highlighting key information in your text and notes so that it visually stands out as important.

As an auditory learner, you learn information best when it is explained to you out loud. Make sure to attend class whenever possible, because listening to your instructor will help you learn the material. Try attending a study group to discuss course material.

Visual Learner and Kinesthetic Learner (Mostly A and C)
As a visual learner, you learn best when you can see the information. Charts, maps and diagrams are useful ways to organize information in a way that you can understand. Try highlighting key information in your text and notes so that it visually stands out as important.

As a kinesthetic, or tactile, learner, you learn best by doing. Demonstrations and real-life examples will make material easier to understand. Try doing something yourself or role playing to learn new skill. Try relating new information to real world examples.

Auditory Learner and Kinesthetic Learner (Mostly B and C)
As an auditory learner, you learn information best when it is explained to you out loud. Make sure to attend class whenever possible, because listening to your instructor will help you learn the material. Try attending a study group to discuss course material.

As a kinesthetic, or tactile, learner, you learn best by doing. Demonstrations and real-life examples will make material easier to understand. Try doing something yourself or role playing to learn new skill. Try relating new information to real world examples.

You have completed the activity and you now know your learning style!